

Falling in Love with Jesus Through Communion

Session 2 - At Work Within

Many of us live from performance based love: if you ____, then I will love you. This is actually what the law states.

Deuteronomy 28:2 And all these blessings shall come upon you and overtake you, if you obey the voice of the Lord your God.

Ephesians 4:17-24 Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds. They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart. They have become callous and have given themselves up to sensuality, greedy to practice every kind of impurity. But that is not the way you learned Christ!— assuming that you have heard about him and were taught in him, as the truth is in Jesus, to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, and to be renewed in the spirit of your minds, and to put on the new self, created after the likeness of God in true righteousness and holiness.

Now that we are in Christ, we are new creations, created after the likeness of God in true righteousness and holiness.

Romans 6:6-7 We know that our old self was crucified with him in order that the body of sin might be brought to

nothing, so that we would no longer be enslaved to sin. For one who has died has been set free from sin.

Luke 14:27 Whoever does not bear his own cross and come after me cannot be my disciple.

When we choose to follow Jesus, it's meant to be a funeral. Bearing our own cross is the recognition that when He died, we were hanging up there with Him.

Galatians 2:20 I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

How does communion help us leave striving behind and press into the already done work of Jesus on the cross? He never meant for us to white knuckle our way through life.

Genesis 1:26 Let Us make man in our image - Not let Us and man make man into our image.

Ezekiel 36:25-27 I will sprinkle clean water on you, and you shall be clean from all your uncleannesses, and from all your idols I will cleanse you. And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh. And I will put my Spirit within you, and cause you to walk in my statutes and be careful to obey my rules.

Philippians 2:13 (ESV) For it is God who works in you, both to will and to work for his good pleasure.

Philippians 2:13 (NLT) For God is working in you, giving you the desire and the power to do what pleases him.

1 Thessalonians 5:23-24 (YLT) And the God of the peace **Himself sanctify you** wholly, and may your whole spirit, and soul, and body, be preserved unblameably in the presence of our Lord Jesus Christ; **stedfast is He who is calling you, who also will do [it].**

Romans 6:16-18 Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God, that you who were once slaves of sin have become obedient from the heart to the standard of teaching to which you were committed, and, having been set free from sin, **have become slaves of righteousness.**

Romans 4:13 For the promise to Abraham and his offspring that he would be heir of the world did not come through the law but **through the righteousness of faith.**

The promise is guaranteed by grace through faith, NOT works. This is how we can have intimacy with the father and have a face to face relationship without striving.

Ezekiel 39:29

And I will not hide my face anymore from them, when I pour out my Spirit

upon the house of Israel, declares the Lord GOD.”

The more we come to the table and meditate on what He’s doing and has done in us, the more certain we become that the old has passed away and the new has come.

Communion Practicals

Keep the main thing the main thing: remembering Jesus.

Unworthy manner: Come to the table, ready to lay down any sin and leave it there.

1 Corinthians 11:27 Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty concerning the body and blood of the Lord.

Find a quiet place, give God your attention, but don’t put it off for the perfect environment

Start with gratitude

Incorporate repentance (with gratitude for forgiveness) without making sin the showstopper

Repentance should be freeing, not a trap of reliving all the ways you’ve fallen short

Make it personal, tell Jesus in your own words, but based on scripture.

Ask for deeper revelation